

4 February 2026

Re: PE & Ramadan

Dear Parents and Carers,

As Ramadan approaches, we would like to take this opportunity to wish all of our families observing this important month our very best wishes.

During this period, the school day and curriculum will continue as normal. This includes PE lessons, and we therefore expect all students to attend PE as timetabled and to arrive with the correct PE kit.

We recognise that many students will be fasting and we are committed to supporting them appropriately. Staff will make reasonable adjustments where needed, for example, adapting the intensity of activities, offering alternative roles within lessons, and closely monitoring students' wellbeing throughout.

As always, student safety and welfare remain our priority, and colleagues will remain vigilant for signs of tiredness, dehydration or discomfort.

If your child has specific medical needs or you feel there is anything further we should be aware of in order to support them during Ramadan, please do not hesitate to contact us.

Thank you for your continued support.

BOA Digital

Telephone: 0121 359 9400

Email: info@boa-digital.co.uk

